

# HEART & HAND

Reaching for a hand and touching a heart.

## A Conversation with God

I am not here to preach or teach but to have a conversation with God. I invite everyone who is here tonight to listen in to my conversation with Him

Hi God, it is your daughter Elizabeth. There are a lot of people listening tonight to my conversation with you. Usually, it is just me and you, but tonight I have asked others to listen in because Lord, this evening is all about you.

**You make a way when there seems to be no way. You are a healer and a provider of all that we need.**

You are still working through ordinary people like me, proving dreams can be given and can come true no matter how old you are or how long it takes.

I want to declare tonight, Lord, that you are my God. I will exalt you and praise your name for in perfect faithfulness you have done wonderful things, things planned long ago.

At 11 years old, I remember my conversation with you. I decided to give you my life. I did not really understand what all that meant, but the unconditional love that Jesus Christ displayed on the cross for my sins was what I needed so desperately.

You were aware of my home life. I could not be taken out of the environment that I was in,

*Shared at the 20<sup>th</sup> Anniversary Gala by Chaplain Liz on October 4, 2024*



but you gave me your Word to guide me and people to come alongside me to show me how I could still live in victory despite what was happening around me. At my young age, I had so many questions for you, Lord, but you were always so patient with me. When I failed to do what I knew you wanted me to do, you always extended your mercy and grace to me.

God, you were my first love!

Then you gave me Arvid, my second love who was in my life for 57 years. You blessed us with three children and eight grandchildren. You knew, Lord, what I would need to accomplish and what you wanted me to do. Arvid was perfect for the assignment because he was a

man of integrity. You knew, Lord, that he loved you with all his heart. You also knew he was good with math, and we needed a treasurer!

However, you also knew that Arvid did not always understand the dream that you had given me and how it was going to be accomplished using his wife. He had as many questions as I had for you. After all, Arvid was a brilliant engineer, and you know, Lord, how engineers think. Arvid watched over the years to see the plan unfold step by step. He prayed and supported me as you prepared me for Chaplaincy Ministry and Spiritual Care Support Ministry and this huge responsibility that I would have.

*Open to continue... ▶*

► In 2020, during the pandemic, the dream of the Center (the house on the hill) became a reality. Before Arvid died, you would allow him the blessing of seeing this dream come to pass.

The “House on the Hill” was completed because of the kindness of Gray and Debbe Coyner, who told me that you, Lord, told them to build a house for God. Many people contributed to the building of this Center, and you know Lord who they are. It took seven years to complete. We waited and believed.

In 1985, I spent days and nights with my terminally ill mother as she lay in her hospital bed. I quickly began to see the need for additional support for those who were sick, dying and experiencing the loss of loved ones and personal losses, as well as those who journey with them.

In my vigil by my mother’s bedside, I heard patients crying in the night wanting someone to pray with them, to hold their hand, and to listen to their emotional, physical, and spiritual pain. While sharing their personal stories with me in the night hours, it was clear that they had so many unresolved issues that were never met, and thus they never found healing and meaning in life.

Lord, you knew this would happen and from that experience, I began to pursue getting credentials for Chaplaincy ministry to be able to minister to those suffering.

**You opened doors for me that no one could shut, and you saw more in me that could be accomplished than I could see in myself.**



In 1989, I had just come home from working as a Chaplain at the hospital as well as having visited some of my Hospice patients. There were losses that day, and I was tired and feeling very discouraged.

Lord, you gave me opportunities that year to hear stories from patients, families, and staff about the lack of support they felt from their family and friends, their faith communities, or other community agencies. The Christians were defeated and found no joy as they had experienced personal losses. They felt disappointment in their walk with you, Lord, and in their relationships with others.

Those who did not know you personally did not want anything to do with you because of the challenges they were facing. They felt that you were not someone they could trust. They often would ask me, “How could God allow this to happen to me?” Both groups complained that “nobody really listens to our pain, they always just want to fix us.” “They want us to get on with our lives.”

You know how important it is to help people of any age to mourn and go public with their pain of loss so that unresolved issues can be dealt with so that they can find healing and meaning in their lives.

**More seeds were planted in my heart for those suffering during those months of conversations.**

I told Arvid when I got home from work that I did not want to eat, but I was going straight to bed. I was not in the best of moods that night. Before I went to bed, I got on my knees and had a conversation with you, Lord.

Do you remember, God, when I said to you, “Lord, how are you going to bring hope to people who are suffering? How can we get people to understand that you can be counted on to see them through the challenges that they face and that you love them and see their struggles?” I begged you to do something, not realizing that you already had a plan as you knew the future and how our world would be experiencing losses in their lives like never before. I then ►



► went to bed. You knew, Lord, what was going to happen, didn't you? I woke up the next morning. My body was shaking and trembling, and my heart was pounding. Arvid wanted to call 911, but I told him that I was not sick and no, I did not need a doctor.

I had a dream and God spoke to me. God gave me the vision in my dream as to how we could help people who were sick, dying, grieving and experiencing personal losses, and those who journey with them. It would be a "house on the hill." I saw people coming into the Center who were suffering from emotional, physical, relational, financial, and spiritual pain. Pain was on their faces, which were stained with tears.

**I saw people leaving the Center with hope, smiling, hugging, some were skipping and praising you, Lord, as they went down the road.**

Instead of seeing a doctor, we called our pastor, Rev. Daniel Astuto, to make an appointment to see him immediately.

Lord, you gave me that dream, and you helped me fulfill it. You provided scriptures, and my reliance was on you. You encouraged me to take actionable steps toward the dream while trusting your timing and provision.

**You continue to teach me in countless little ways. You guide me on so many paths unknown.**

You guard me as a shepherd keeps his own. You shield me, though I may not always see the many ways you deliver me. You lift me up when I fall, and you help me stand. You hold me in the hollow of your hand. Your Word is my counsel. Your power is my courage. Your promises are my comfort. Your presence is my confidence.

I rest my life, my soul, my future, and the future of Spiritual Care Support Ministries in your hands. Amen!



## Ways you can help

### 1. PRAY

Pray regularly for Spiritual Care Support Ministries.

### 2. GIVE

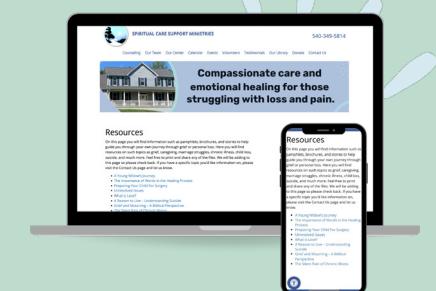
Giving financially transforms lives and helps with:

- Rent and utilities
- Supplies and training materials
- Support groups
- Community events

  @spiritualcaresupportministries

Need encouragement?

Call 540-792-2345  
for a prayer message  
from Chaplain Liz  
and the SCSM staff.



## Resources for you

Available online are free resources to help guide you through your own journey through grief or personal loss. Including:

- A Young Widow's Journey
- A Reason to Live – Understanding Suicide
- and more!

[scsm.tv/resources](http://scsm.tv/resources)

**Compassionate care and emotional healing for those struggling with loss and pain.**



## Easter – A Renewal of Life

By Chaplain Liz Danielsen

May the resurrection of Christ inspire your faith and renew your hope. Let us embrace His unwavering love, learn to forgive like Him, and receive His hope this Easter.

The resurrection of Christ gives our life meaning, direction, and the opportunity to start over regardless of the circumstances in our life. Salvation is a gift from God, and the best part is that it is free. You can never be good enough. It has nothing to do with us but with the sacrifice that was done on the cross by Jesus Christ himself.

**If you have never asked Jesus Christ to transform your life, let this Easter be the starting point of a renewal of life for you.**

Here are the steps to receiving this gift that will transform your life, and you can know that Heaven will be your home.

1. Admit your need of a Savior.
2. Be willing to turn from (repent of) your sin.
3. Believe that Jesus died for you on the cross and rose from the grave.
4. Pray a simple prayer. “Jesus, I invite you to take over my life and guide me through your Holy Spirit.”
5. Thank Him and then share your decision with someone.

**Everyone at Spiritual Care Support Ministries would love to hear about your decision. Call 540-349-5814 or email me at [ChaplainLiz@scsm.tv](mailto:ChaplainLiz@scsm.tv).**

**PALM  
SUNDAY**

**APRIL  
13**

**EASTER  
SUNDAY**

**APRIL  
20**

## In Memory Of

- John McCarty and Rob Christiansen, given by Ann McCarty
- Charlie Renalds, given by Sharon Rizzo
- Brian Maloney, given by Helen Maloney
- Joe Perry, given by Sam and Sharon Rizzo
- Bev Head, given by Ann Marie Nygaard
- Allen Crane, my husband, given by Dorothy Crane
- John Conti, given by Helen Danielsen
- Liz Wheat, given by Morris Wheat
- Joe Lepre, Jr., given by Barbara Lepre
- Jean Drennan, given by Arthur Drennan
- William Lansing, given by Teresa Lansing
- Ivar Gundersen, given by Ingrid Pedersen
- Marty Villarreal, given by Sharron Proper
- Charles A Green, my husband, and Sharon Stakem, my sister, given by Donna Green
- Arvid Danielsen, my good friend, given by Dominic Rigano
- Marty Villarreal, given by Sylvia White
- John Conti, given by Elizabeth and George Nehmeh
- Herb William Day, given by Tom Gay
- Boyd, given by B.B. Connally

## In Honor Of

- Jane Fitzgerald, given by anonymous
- Steve and Carina Wheat, my son and family, given by Morris What
- Scott and Maria Price, on the loss of their son, given by Sharon Rizzo
- Edwin Ramey, given by Florence Ramey

## Thank You's

- Those who supported us through prayer and financial giving for 2024.
- Rose Hernandez, our receptionist - raised money for SCSM through her crafts and seasonal baskets
- Those who decorated the SCSM Center for Christmas and then put everything away.
- Tom Brown, Dave Price, Ray Gilbert and Jim Presley - helped set up and take down the manger
- Dan Reckley and Jim Presley - helped with Christmas lights, etc.
- The volunteers who brought refreshments and helped at our SCSM Open House.
- Pastor Jeff Light - read the names of those honored and remembered on our "Facebook Live" event at the Open House
- Joseph Kotek - our Santa at the SCSM Open House
- Those who brought in refreshments for the Coffee and Conversation and other events at the Center.
- Our Executive Board member, Debbie Kuhn - prepared lunch for the staff
- Our Executive Board member, John Kitchen, and his wife, Diane - helped with the trash bins each week
- Those who brought us coffee, kitchen supplies, water, and items on our SCSM wish list.
- Kristin Miller - gift bags with Bible verses

## A Poem on Grief

Grief never ends, but it changes.  
It is a passage, not a place to stay.  
The sense of loss must give away if we are to value the life that was lived.

Grief is not a sign of weakness nor a lack of faith, it is the price of love.

- Author Unknown



*Christmas with SCSM*

**Thank you for your generous donation in honor and/or in memory of your loved ones.**

**Many lives are being changed because of you!**

*Please contact us if any names were omitted or misspelled.*

# 2024 CHRISTMAS PROGRAM NAMES

## CHRISTMAS TREE SPONSORSHIP

In memory of Arvid Danielsen, given by Rev. Liz Danielsen  
5 trees in memory of George Fayas, Irene Fayas, Lila DeGroot, Erma Louckes, Jeanette Fredrickson, Roy Fredrickson, Marilyn Faye Fayas, Amelita Drost, Paul Drost, Nathan Calcagni, Florence Liddle, George Miller, Duane Fayas, Robert Fayas, Eugene Benavides, Patricia Hytes, Shawn Calcagni, Gerald Calcagni, Kevin Bucci, Dannel Calcagni, and Carolyn Acotto, given by Carol Acotto  
In memory of Segundo & Carmen Hernandez, Rafael Hernandez, Carmen L Hernandez, Sylvia E. Melendez, Antonio Melendez, Carmen Elizabeth Garcia, Wilfredo Hernandez, Ramon Feliciano, Antonio "Pito" Melendez, Angel "Bebe" Colon, Arvid Danielsen, Sylvia Leggett, Manuela Padilla and John Conti, given by Rose Hernandez  
In memory of Harold Wright, Presley Wright and Viola Wright, given by Virginia Wright  
In memory of June and John Payne, given by Sue Kenworthy  
In memory of Bridget McCargo, given by Jay McCargo  
In memory of Kenneth B. Boudwin, given by Kathleen and Ken Boudwin  
In honor of Elizabeth Danielsen, given by Virginia Wright

## STAR SPONSORSHIP

In memory of Herbert Ott, Dorothy Ott, Nickolas Rodolico and Bea Rodolico, given by Andrew and Joan Rodolico



## BELL SPONSORSHIP

In memory of Sherry Moore, given by Michael Moore  
In memory of Thomas Fitzgerald, given by Jane Fitzgerald  
In memory of Barbara Cale, given by Norma Baum  
In memory of Boyd Connally, given by Brenda Connally



## IN MEMORY OF (White Lights)

Bob Droppa, given by Dorothy and Tony Slaga  
Ken Abrahamsen, John Conti, and Vincent Buonomo, given by Chaplain Liz Danielsen  
Russell Jones, given by Greg and Judy Jones  
John W. D. Early, given by Alice D. Early  
Les Hammack, Janice Hammack, and Donna Sisk, given by Courtney and Matt Hammack  
Richard Illingworth, given by Janice Illingworth  
My darling Gary, my parents Gene and Vera Bast, my granddaughter Kinsey Morgan, my sister Cathy Kiser, my brother Lynn Bast, and my brother-in-law James Bassett, given by Vickie J Richey  
Helga Abrahamsen, Wilhelm Abrahamsen, and Kenneth Abrahamsen, given by Christina Abrahamsen  
Cliff Grimsley, given by Margaret Grimsley  
John Collins, given by Carol Collins  
James B. Reynolds, Jimmy Reynolds, and Charlotte Reynolds, given by Robert and Pamela Reynolds  
Stewart Lindsey, James F. Legg, William Harris, Boyd Connally, Mo Rizzardi, Mark Martini Jr., and Stephen Brinkley, given by Debbie Lindsey  
Matthew Mitrione, LouAnn Mitrione, Alice Ebert, Arthur Ebert, Tom Campbell, Deanna Massey, and Ladd Campbell, given by Melanie Ebert  
Mike Angell, Don Rodis, Sr., Mary Lou Rodis, and Don Rodis, Jr., given by Karen Angell Duby  
Carol Magee Dubinsky and Ronald Dubinsky, given by John and Nancy Allen  
Dennis C. Shaw, Cheryl Caracciolo, and Kathy Joerger, given by Elizabeth Shaw  
Karen Gardner, Ann Eisele, and Arthur Eisele, given by Dorothy Vasi

Raymond White, Candida Martinez, Joe Perry, Bob Droppa, Gary Davis and Marty Villarreal, given by Sylvia White  
John Dahlkemper, Terri Laird, Rebecca Dahlkemper, Julie Ruckmann, and Aris Lucas, given by Kathy Nadal  
Jeffery Ritchie, "Boots" Ritchie, and Glenn Ritchie, given by Gail Ritchie  
Brenda Lockhart, Gilbert Bridge, Wilbur Burton, William Harris, and Zaida Rodriguez, given by Lora and Jay Goff  
Pete Grossarth, given by Hillie Grossarth  
Evelyn Beaton, Anna Nunes, Kevin Geer, and Frank Thompson, given by Richard and Carol Geer  
James Legg and Stewart Linsey, given by Joyce Legg  
Arvid Danielsen, Frank Conti, Ethel Solecki, Emil Solecki, Judith K. Kroboth, Anne G. Camp, Carole and Harry Payne, given by Lea Solecki  
The Hitt family and the Terwilliger family, given by Allen and Tammy Terwilliger  
Zaida Rodriguez and Jaime Rodriguez, given by Hanna Lee Rodriguez  
Joan Weimer, given by Julie Weimer  
Beverly Sue Cornell, Robert Arlo Cornell, Dorothy Sutphin, Catherine Sutphin, and Nancy Allen, given by Kathryn Crabtree  
Susan McAvinn, given by James McAvinn  
Joseph Perry, given by Joan Perry  
Amber Gibson, Ben Kotek, Ryan Azimi, Bill Haddock, Dolly Smith, and Tim Riffe, given by Joseph and Mary Kotek  
Kathryn Jennings, given by Catherine Murphy  
Rev. Terry Sisk, James B. Reynolds, James B. Reynolds Sr., and Charlotte Reynolds, given by Ellen Sisk  
Marlene Gardner, Robert Oliver, Frank Conti, Arvid Danielsen, Norman Pleszkotch, Delores Enos, Drew Munroe, Eula Peters, Gloria Calcagni, Dana Osterndorf, Barbara Lucas, and Polly Simpkins, given by Carol Acotto

# 2024 CHRISTMAS PROGRAM NAMES (CONT.)

John Conti and Tina George, given by Marvin and Sharon Strauzer

Leo MacDonald and Bette Jean Soloski, given by RuthEllen MacDonald

Norman Leach, Barry and Sharon Snouffer, Karen Beach, Bobby Jacobs, Georgie Settle, Sam Sisson, Dana Welch, Christie and Arthur Lunsford, Charlie and Jean Leach, Robert and Rosie Jacobs, Albert and Gertrude Leach, and Dale Armstrong, given by Doris Jacobs

Johnny Halsey, Peggy Kilgo, Terry Halsey, Jean Rock, Lenna Lang, Doris and Glenn Poe, and Jim Kallenborn, given by Carol Brinegar

Angela Dawne Grigsby Carter, Caleb Ezra Wingert Proper, Grandma Alice Beckwith Porter, Grandma Hildegard Foerstemann, Granddaddy Lawrence Freeman, Aunt Berti Lib Aylor, William "Junie" Carter, David Gearheart, Rebecka Jenkins, Claes Nordin, Bessie Jane Grigsby and Phillis Poore, given by Sharron Proper and Elizabeth Proper

Walter and Margaret Hodges, and Clem and Amethyst Sharp, given by Donald and Brenda Hodges

Fitzhugh Lee, Angaleene Lee, Edwin and Lake Lee, Howard Fletcher, Cecil Goff, Madoline Keyser, Bud Trenis, Jay VanGelder, William and Doris VanGelder, Douglas and Virginia Ennis, Bob and Mary Blaser, Shirley Harney, Chess Heater, and Arvid Danielsen, given by Janice Heater

Pamela Jane Gay and Patrick Ryan Gay, given by Thomas Gay

Joe Perry, given by Sam and Sharon Rizzo

Brian Maloney, given by Mr. and Mrs. Cornelius Maloney

Rachel Wilkinson Caprio and Cathy Dempsey Wilkinson, given by Hilbert Wilkinson

Rachel Wilkinson Caprio and Cathy Dempsey Wilkinson, given by Robert and Lorraine Tammera

Herb William Day, given by Tom Gay

The Reinertsen family and the Gorva family, given by Richard and Catherine Reinertsen

Robert L. Taylor, Jr, Martha C Taylor, Sarah J. Robidoux, Omer A. Martin, and Evelyn L. Martin, given by Barbara Taylor

## IN HONOR OF (Red Lights)

Julia Hernandez, Pedro Hernandez, Lucy Hernandez, Miguel Hernandez, Jose Hernandez, Liz (Mom) Nielsen, Soul Purpose Sunday School Class and Jesus Christ our Savior, given by Rose Hernandez

Helen Nielsen, and Lorraine and Robert Tammera, given by Chaplain Liz Nielsen

Ethan Dodd and Lauren Dodd, given by Tracy Dodd

Debbie Lindsey and Jim Legg, given by Joyce Legg

Rev. Elizabeth Nielsen and the Duane Nielsen family, given by Lea Solecki

Chaplain Liz Nielsen and Rose Hernandez, given by Kathryn Crabtree

Howard Brinegar, Lelia and John McKee, Amy and Colin Scherer, Joane Toler, Dennis Halsey, Carol Everhart, Natalie Poe, and Anne Key, given by Carol Brinegar

Stanley, Sue and Linda Heflin; and Dolores Goff, given by Janice Heater

Robert Tammera, Sophia Tammera, Mariah Tammera, the Conti Family, and Liz Nielsen, given by Robert and Lorraine Tammera

## IN MEMORY OF SERVICE (Blue Lights)

Robert L. Taylor III, given by Barbara Taylor

## IN HONOR OF SERVICE (Blue Lights)

Jesus M. Hernandez, given by Rose Hernandez

Herdon E. Gray and Jason E. Parson, given by Devan Gray

Berman Family Chiropractic and Acupuncture, given by Robert and Pamela Reynolds

Kathryn Thomas, given by Tracy Dodd

Richard Geer, given by Richard and Carol Geer

Ryan Fayas and Justin Fayas, given by Carol Acotto

Brandon Hodges, given by Donald and Brenda Hodges

## IN MEMORY OF CHILDREN (Green Lights)

Tim Maahs, given by Sydney and Bill White

Jonathan Nadal and Gabriel Nadal, given by Kathy Nadal

Our son, Bobby Goff, given by Lora and Jay Goff

Glenn Grossarth, given by Hillie Grossarth

Justin Quoyeser, given by Kathy Quoyeser

Suellen MacDonald and Francis (Frank) MacDonald, given by RuthEllen MacDonald

Ruth Hodges and Peyton Hodges, given by Donald and Brenda Hodges

Orion Bikings, given by Karen Angell Duby

## IN HONOR OF CHILDREN (Green Lights)

Beck Thomas, given by Tracy Dodd Carleigh Scherer and Abel Scherer, given by Carol Brinegar

Everly Hall, Indigo Harney, Ellison Harney, Madoline Jaskiewicz, and Lewis Jaskiewicz, given by Janice Heater

## IN MEMORY OF PETS (White Lights)

Bear Amato, given by Dorothy and Tony Slaga

Ren Stokke, given by Kathryn Crabtree

Dakota, given by Sharron Proper Snickers Hodges, given by Donald and Brenda Hodges

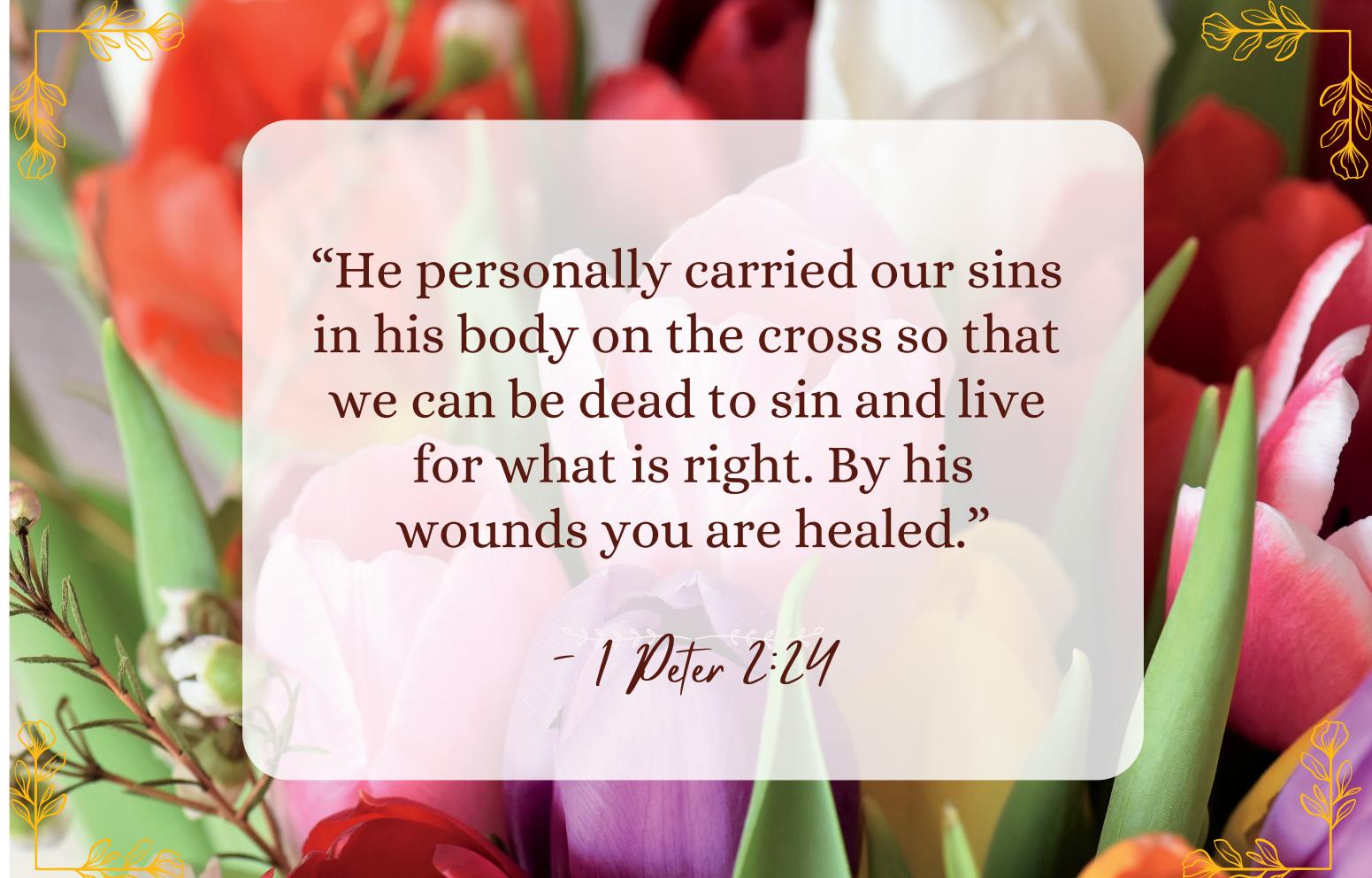
Izabeau "Mou-Mou" Hernandez, given by Rose Hernandez



**Spiritual Care Support Ministries, Inc.**  
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“He personally carried our sins  
in his body on the cross so that  
we can be dead to sin and live  
for what is right. By his  
wounds you are healed.”

- 1 Peter 2:24