

HEART & HAND

Reaching for a hand and touching a heart.

Be Honest With God

By Chaplain Liz Danielsen

I'm studying the book of Job in the Bible, and I think of the many conversations I have with people who have had all kinds of personal losses similar to Job. They can easily relate to the anguish that Job is experiencing. They may have been divorced, are struggling with chronic illness, lost a loved one, or are experiencing financial loss.

Those who have experienced such losses need to share their pain, but so often as human beings we are not able to truly understand what they're going through unless we ourselves have experienced that kind of loss.

Even then, only God truly understands. Job trusts God enough to be real when he speaks of his pain.

Job 3:26 says, "I have no peace, no quietness, I have no rest, only trouble comes."

Are you feeling that way today? Be honest with God. Job knew he could do that.

Job speaks to God again in Job 10:12 and says, "You gave me life and showed me your unfailing love. My life was preserved by your care."

We can know that even when we express the pain that we feel over what's happening to us to Him, God's love is unfailing. Be encouraged today.

Contact me to chat further:
chaplainliz@scsm.tv
or 540-349-5814



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Faith to Trust God

By Dorothy Slaga

My heart still aches when I think of my brother.

Fred Trout was born March 13, 1938. Besides being an alcoholic, Fred suffered a life-long battle with depression. My father physically abused Fred. On top of that, Freddie was a difficult rebellious child. Eventually Mom got a job and sent him away to relatives and then to a Christian boarding school to protect him from my father.

Mom did get a letter from the school saying Fred went forward for salvation while he was there. Eventually, Fred quit school and joined the Army so he could "do as he pleased." Afterwards, he came home and finished high school, but he remained quietly apart from others, including our family.

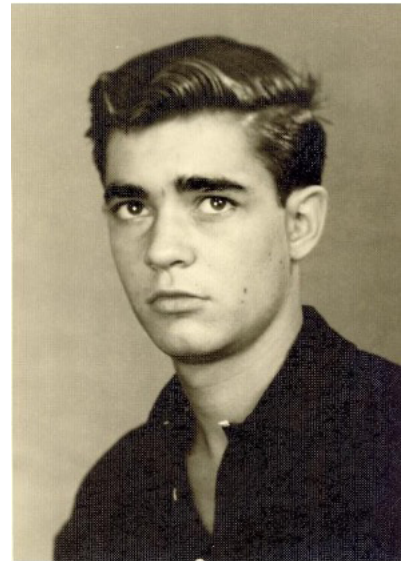
He wouldn't allow us to love him; it was too painful and risky, I guess.

My mother's prayers for my brother never stopped. She marked this scripture in her devotional: *I know whom I have believed, and am persuaded that He is able to keep that which I have committed unto Him against that day* (1 Timothy 1:12). She died in 1996 not seeing this most heartfelt prayer answered.

Fred died in February 2005 in Florida, alone. Mourning for Freddie was painful. The childhood ache of watching my brother suffer and being unable to help him resurfaced.

However, Fred must have finally made a step toward his Lord to whom he gave his heart so many years ago. On November 11, 2007, the Lord gave me a dream about him.

Fred was in heaven. He was CHANGED! He was full of joy and so happy! He even recognized me and hugged me – hard!



A profound peace came into me. I knew this dream was from God. I will see Fred forever more just like that.

I no longer walk in grief. God has taken it away.

Mom's prayers for Freddie were answered! Our prayers don't die with us! My heart still aches when I think of my brother, but now the ache is the longing to see him in heaven!



WREATH FUNDRAISER

COMING SOON

SCSM will be selling holiday evergreens in October-November.

The website link to purchase will be posted on our social media and in our email newsletter.

They can be picked up at the SCSM office or mailed directly to your home!

SCSM wants you to know that you are not alone.

We know the pain of losing a loved one can be unbearable at times. However, there is hope and strength found in Jesus.

Free in-person and online counseling is available through SCSM.

Call us at 540-349-5814 or email us at scsm@scsm.tv.



Thank You

- Pam Mehiel and Matthew Drifmeyer - office and kitchen supplies
- Tom Brown - helping us with a construction project
- Rose Hernandez - water and other supplies
- Brenda Connally - water
- Cameron Hanes - gift card

In Memory Of

- Joe Perry, given by Anna Cornwell
- Joe Perry, given by Elizabeth Danielsen
- Joe Perry, given by Kathleen Huryk
- Joe Huryk, given by Kathleen Huryk
- Joe Perry, given by Tony and Dorothy Slaga
- Arvid Danielsen, given by Elizabeth Danielsen
- Scott, given by John Neth
- Joe Perry, given by John Kitchen
- Joe Perry, given by Louise Cullers
- Joe Perry, given by Rose Hernandez
- Nicholas Daymude, given by John & Debra Daymude
- Joe Perry, given by Beverly King
- Rick Kelley, given by Beverly King
- Joe Perry, given by Sharon and Samuel Rizzo
- Dave Price and Tony Slaga - fresh vegetables
- Karen Duby - cards and office supplies
- Those who contributed to our ice cream social for the Five Faces of Grief event.
- Those who bring refreshments for Coffee and Conversation each week.
- Barbara Cale, given by Norma Baum
- Arvid Danielsen, given by Joseph and Sandra Dahle
- Annabelle Stevens (pet), given by Debra Lindsey
- Rob Christiansen, given by Ann Marie McCarty
- John McCarty, given by Ann Marie McCarty
- Priscilla A Staples, given by John Staples, Jr
- Scott, given by Jack and Joyce Neth

In Honor Of

- Liz Danielsen and SCSM 20th Anniversary Gala, given by Helen Danielsen
- Bob Blanhamere, given by Virginia Wright

Resources for you

Available online are free resources to help guide you through your own journey through grief or personal loss. Including:

- The importance of words in the healing process
- What is love?
- *and more!*

scsm.tv/resources

Need encouragement?



Call 540-792-2345 for a prayer message from Chaplain Liz and the SCSM staff.

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Ways you can help

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- 2. GIVE** Giving financially transforms lives and helps with:
 - Rent and utilities
 - Supplies and training materials
 - Support groups
 - Community events

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Compassionate care and emotional healing for those struggling with loss and pain.



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For in him all things were created:

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AND ON EARTH, INVISIBLE, OR RULERS OR AUTHORITIES:

all things have been created through him and for him.

COLOSSIANS 1:16

