

# HEART & HAND

Reaching for a hand, and touching a heart



## THE BEAUTY OF PEACE

BY CHAPLAIN LIZ DANIELSEN

The year 2020 was extremely challenging and painful for all of us. The pandemic disrupted education and put additional stress on families. I think in time God will reveal to us that there were some good and beneficial things happening that year for everyone, but I am not sure we are ready to see that yet.

Most of us will remember the distancing from family, friends, and our community. We had to wash our hands constantly, wear masks, learn how to use technology that we never understood, and teach children how to learn virtually. Not being able to give the support we so earnestly wanted to give to our family and friends because of the restrictions that were placed upon us as a community, state, and country was just so difficult.

We were, and are still, struggling with all the losses that we have had to face. For me, it was the loss of my husband, who was my soulmate and best friend; my father, Frank; and my cousin, Arlene, who died of the virus without any family around at the hospital. I also had several lifelong friends die. It is hard to explain in words how the pain of separation feels when you have so many losses at once.

How about you? What are your losses? Did you lose a loved one or maybe you lost more than one? Other losses can include job loss, financial loss, loss of relationships, loss of



courage, loss of independence, and loss of faith in God, just to mention a few. You may be at a place right now and believe that you have no hope for the future, or you are discouraged and feel defeated. I can understand how you would feel like that. It can cause us to be fearful and filled with anxiety and anger. You may not want to admit that you have changed and are not the same person you were before all this happened in 2020. We are entering 2021 with a new identity and that takes time to get used to. Some changes were good, and others were not so good.

The one thing I have learned for myself during this challenging time in my life is that I cannot allow my emotional feelings to dictate how I should feel and how I should do things. My feelings take me in all kinds of directions. My feelings bring me to a place of fear, isolation, weakness, and anger. What I have had to do is CHOOSE TO BELIEVE in the purpose and promise of each day that God has given me. I hear from Him through

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scripture and prayer. I hear from Him through others. God gives me what I need when I need it and not before. I can choose to allow the year 2020 and all the losses I have experienced to destroy me, and it can, or I can choose to trust God in spite of what is happening around me. No, this does not mean it is easy or painless. Loss produces much pain and suffering, but as we do the work that is needed to heal, we can come out on the other side better and not bitter. I choose to leave 2020 behind and go into 2021 knowing that I am not alone. My Savior Jesus Christ and precious people whom God sends my way walk beside me, guiding me, and reminding me that I have purpose because I am still alive. I have God's promises that I will make it. You can too.

**How will you choose?**



# SCARS INTO STARS

BY PAM STILTON

In 2010, all was right in my life and the universe! I had a very successful dog/cat boarding facility ('Ohana Pet Paradise), caring for people's pets while they went on a vacation, and I lived on a farm with over 33 personal animals (including alpacas, dogs, cats, and goats). Things were good - until they weren't.

Over the next two years, I would experience the unexpected loss of my father, mother, sister, last aunt, uncle, and cousin. Both my mother and sister died in my arms within two weeks of each other. My life changed overnight, and I felt alone and lost in this world and didn't know which end was up. It was almost my emotional undoing.

Soon after the loss of my mother and sister, I began searching for therapists/agencies in the surrounding areas that offered services for grief support or counseling, but I was very discouraged as I discovered that I couldn't afford any of them as I had limited financial resources. Then I found Spiritual Care Support Ministries!



"It was never easy, but by learning to take one step, one prayer, and one breath at a time, I became aware of the Lord carrying me through it all until I could walk on my own!"

Between the classes that were offered, one-on-one counseling, and support offered by Liz and her staff, all at no cost to me, I survived those devastating first months and years and pulled through. It was never easy, but by learning to take one step, one prayer, and one breath at a time, I became aware of the Lord carrying me through it all until I could walk on my own again!

Times are different now. My husband and

I are still on our farm, but our boarding business is beginning to wind down, and we have now said goodbye to many of our beloved furry friends.

I've gotten older (and hopefully wiser), and I've definitely become aware of how life comes around full-circle. I am thrilled to say that I have recently joined the staff of SCSM as their receptionist! Life is definitely what you make it (scars and all). It is my hope that I can be a blessing to others and pay forward the love that I was given in my time of need by giving back to others currently seeking help. God definitely turns our scars into stars!



## HEARTACHE

BY RAY GILBERT

A wise man once told me  
some words I never knew.  
He said, "When someone you love dies,  
a part of you dies too."

A mother, a brother,  
a lover, a friend.  
One after another,  
when does it end?

The part of you that dies  
you will know from the start.  
Because the part of you that dies,  
is a part of your heart.



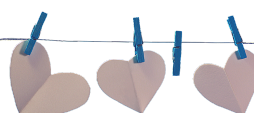
Ray Gilbert and David Price were coming home one day from bowling and were talking about the loss of each one's wife and the pain of those losses. David expressed how aware a person becomes when someone you love dies because a part of you dies with them. These words led Ray to write the poem to the left.



Thank you Manassas Presbyterian Church for the lovely prayer shawls and blankets!

The shawls have been knitted or crocheted and prayed over by women who believe in the power of prayer. As people place these shawls around them during a moment of crisis, it is a reminder that God and others care and can bring change to a person's life.

If you are someone who is willing to provide prayer blankets for children and teens, please contact our office for details.



# WHERE DO YOU FILL YOUR VESSEL?



With all the COVID-19 impact, stress, and adversity for so many, depression, anxiety, addictions, and suicide have dramatically increased since mid-April. The internet is filled with many tips to help cope, but the following ad really caught my attention: "10 ways to be happier in 2 minutes or less." Wow! What a deal! I would even splurge and give up 10 minutes. Would you have been tempted to click on that link? Be honest with yourself! I would really like to know how many people did click in search of quick-hit-happiness. I'm even more curious to see how many Christians clicked.

Why is true lasting happiness, regardless of circumstances, so hard to "find"? Moreover, when we do find happiness, why does it seem to leave so quickly? Scripture tells us that God created us as earthen vessels. However, we are very leaky containers that can never stay filled because our fleshly lenses are so "me" and "now" oriented. We pursue quick fixes to soothe ourselves. We focus on our discomforts and what we lack. Happiness seems elusive. Our selfish need to have more makes happiness very short-lived.

We need frequent refills because we are emptied so quickly. While it's true we are earthen vessels, God designed us to be filled with heavenly content that that can't leak out. His desire is to fill us with Himself and His wisdom. The million-dollar decision that we get to make every day is whether we will fill our vessel with what God offers or fill it with the crappy stuff that easily leaks out.

So, here are some questions to ponder. Where do you go to fill up your vessel? What do you put in your vessel? In addition, when you do put God's gifts in your vessel, do you use and reuse them and enjoy the happiness

they bring? Do you pour them out and replace them with a cheap substitute? Do you go to the dollar store to grab items that break easily, causing you to revisit frequently without ever being satisfied? If so, go to the luxury store where you'll find quality that lasts. What's more, God's luxury store is full of FREE items and He'll give them to you abundantly.

Today, more than ever, remain in the presence of God. He is excited and pleased to fill you with His Glory-gifts. But this takes time. Don't rush the process. Examine some truths you already know. See if you can consistently apply them to a couple more small areas of your life, instead of applying cheap imitations from the world or your past. This is how you use and re-use the Glory-gifts in your vessel. Whether your pursuit of happiness pushes you to fill yourself with what God offers or you fill yourself with the leaky and ineffective false claims of the world - it's your decision, so choose well.



**"However, we possess this precious treasure in vessels of earth, that the grandeur and exceeding greatness of the power may be shown to be from God and not from ourselves."**

**2 CORINTHIANS 4:7**

*(From Dr. Karl Benzio, Lighthouse Network's Stepping Stones Daily Devotional, Oct. 1, 2020. [www.lighthouse.network.org](http://www.lighthouse.network.org))*

## WAYS YOU CAN HELP

### 1. Pray Regularly

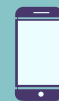
### 2. Give Monthly

- Rent & Utilities
- Supplies & Training Materials
- Support Groups
- Community Events

### 3. Make a One-Time Donation



ENVELOPE



OVER THE PHONE



ONLINE



IN PERSON

## VISIT US:

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SPIRITUALCARESUPPORTMINISTRIES](http://WWW.FACEBOOK.COM/SPIRITUALCARESUPPORTMINISTRIES)

### FOLLOW CHAPLAIN LIZ'S BLOG

[WWW.SCSM.TV/BLOG](http://WWW.SCSM.TV/BLOG)

## SCSM Mission Statement

Providing support, education and a Biblical perspective to those who are ill, dying, grieving and experiencing personal loss, and to those who journey with them.

## SCSM Vision

To establish a local, national and international resource center to provide ministry, training and a retreat for those who are ill, dying, grieving and experiencing personal loss, and to those who journey with them.

## SCSM Values

- God's Word
- Prayer
- Value Every Life
- Integrity
- Confidentiality
- Excellence in Everything We Do



# 2020 CHRISTMAS



## **CHRISTMAS TREE SPONSORSHIP**

In memory of Arvid Danielsen and Bridget McCargo, given by Jay McCargo  
In loving memory of Segundo and Carmen Hernandez; Rafael Hernandez; Carmen Lydia Hernandez; Sylvia E. Melendez; Antonio Melendez; Carmen Elizabeth Garcia; Izabeau "Mou-Mou" Hernandez; Wilfredo Hernandez; Ramon Feliciano; David Butler; and Antonio Pito Melendez, given by Rose Hernandez

In memory of John and June Payne, given by Sue Kenworthy

In memory of George Fayas; Irene E. D. Fayas; Lila DeGroot; Erma Louckes; Jeannette G. (Anderson) Fredrickson; Roy Fredrickson; Marilyn Faye Fayas; Amelita Drost; Paul Drost; Nathan Calcagni; Florence Liddle; George Miller; Duane G. Fayas, given by Carol and Dennis Acotto  
A special gift from Rev. Daniel R. & Ruth Ann Schafer

In Memory of Kenneth Boudwin, given by Ken and Kathleen Boudwin

In memory of Arvid Danielsen, given by David and Robin Carter

## **STAR SPONSORSHIP**

A special gift from Jim and Sandra White  
In memory of Presley and Viola Wright, and Arvid Danielsen, given by Virginia Wright  
In honor of Chaplain Elizabeth Danielsen, given by Virginia Wright

In memory of Thomas Fitzgerald, given by Jane Fitzgerald

In memory of Herbert & Dorothy Ott, given by Andrew & Joan Rodolico

In memory of Richard Illingworth, given by Janice Illingworth

A special gift from Gossom & Costello Paving, Inc.

A special gift from James Brown

A special gift from Juliana Russell

A special gift from Cherlyn Decker Coaching

In memory of Ronald Beard, given by Carol Beard

## **IN MEMORY OF**

### *(White Lights)*

Darrell Nygaard, given by Ed & Lisa Lyons  
Arvid Danielsen and Cal Dodd, given by Dorothy Slaga

Cliff Grimsley, given by Margaret Grimsley  
Parents, Walter & Margaret Hodges; and father, Clement Sharp, given by Donald and Brenda Hodges

Chess Heater; Angaleene Lee; and Fitzhugh Lee, given by Nathan and Melissa Hall  
Daniel Kotek; Thomas Kotek; Loretta and Joseph Kotek; Peggy and Bill Beverley; Joe and Clare Wilkins; Joe Eller; Jerry Denny; and Ginnie Masson, given by Joseph and Mary Kotek

Fitzhugh Lee; Angaleene Lee; Edwin Lee; Lake Lee; Howard Fletcher; Mabel Cooper; Cecil Goff; William Byron; Rick Hyson; Madoline Keyser; Bud Trenis; Jay VanGelder; William and Doris VanGelder; Douglas and Virginia Ennis; Bob and Mary Blaser; Shirley Harney; Jerry Utz; Elva Grove; Marsha Lee Scott; Theresa Lee; Chess Heater; Madalyn Leonard; and Arvid Danielsen, given by Janice Heater  
Jesse Harrison; Mary Ellen Hansen; Sadie Anne Clark; Justin Clark Mallon; and William A. Clark, Jr., given by Joyce Mallon

Mrs. Janice Brandt; Mr. Richard Vogel; Mr. William Levin; Mr. Lloyd Sims; Mrs. Edna Johnston Payne; Mr. Markwood Butler; Mrs. Winnie Butler; Ms. Beth Wilson; Mr. Rodney Coates; Mrs. Mary Ida Owens; Ms. Laurie Stowell; and Mr. Phuoc Huynh, given by Jacqueline Schoenfeld

Arvid Danielsen, given by Helen Danielsen  
James Reynolds, Jr.; Charlotte Reynolds; Terry Sisk, given by Rev. Robert Reynolds and Pamela Reynolds

Arvid (Dad) Danielsen, given by Rose Hernandez

Shelia Wolk, given by Virginia Wright  
LouAnn Sterzer; Henrietta Mitrione; and Alice and Arthur Ebert, given by Melanie Ebert

Arvid Danielsen; Dad - Frank Conti; and Arlene Kirk, given by Chaplain Liz Danielsen

Arvid Danielsen, given by Sue Kenworthy  
Barbara McNeil; Lawrence Stevens; and Victoria Sullivan, given by Mary McNeil

Barb Fricke; Sonny Testerman; and Andria Lynne, given by Pat Testerman  
Jimmy Weimer; Louise Posey; Doris, Tom, and Paul Sanders; Allison Weimer; Walter and Louise Weimer, given by Joan Weimer  
Marlene Gardner; Robert Oliver; Frank Conti; Arvid Danielsen; Norman Pleszkotch; Delores Enos; Drew Munroe; Eula Peters; Gloria Calcagni; and Dana Osterndorf, given by Carol and Dennis Acotto

Angela Dawne Grigsby Carter; Caleb Ezar Wingert Proper; Grandma Alice Beckwith Porter; Grandma Hildegard Foerstemann; Granddaddy Lawrance Freeman; Aunt Bertie Lib Aylor; William "Junie" Carter; David Gearheart; Rebecca Jenkins; and Claes Noron, given by Sharron and Elizabeth Proper

John Vourous; Hazel Vourous; Ruth Ashley; Norman Ashley; and Eftalia Cummings, given by George Ashley

My darling, Gary; My parents, Gene & Vera Bast; My sister, Cathy Kiser; My brother, Lynn Bast; and My brother-in-law, James Bassett, given by Vickie Richey

Mary D. Condren, given by E. Latham  
Rev. Terry Wayne Sisk, given by Dancy Cowan

Tim Maahs, given by Sydney White  
Mary Teresa Gazillo, given by Mark Gazillo  
Rob Christiansen and John S. McCarty, given by Ann Marie McCarty

Arvid Danielsen, given by Elizabeth Nehmeh  
Annie Garbe, given by George Garbe  
Lizabeth Leilani (Beth) Merritt, given by Dr. Sandra-Joy Gray

Edward West (My Dad), given by Susan Payne

Otis, Elsie, Louie Smith; Cecil, Mabel, & Herbert Crowder; Ivan, Jean, & Debbie Craig, given by Dottie Crowder

Pete Grossarth; and Ray & Jenny Reinertsen, given by Hillie Grossarth

Chris D. Jenish, Sr; and Roy R. Weakley, given by Frances W. Payne





# PROGRAM NAMES



Kathryn Jennings; Terry Mardis; Delores Dennis; Arvid Danielsen; Donald J. Rodis, Sr.; Donald J. Rodis, Jr.; Mary Lou Rodis; and Michael Ark Angell, given by Karen Duby  
Pastor Gerald Fillman (Dad), given by Gerald and Rita (Fillman) Wagner  
James Legg, given by Stewart & Debbie Lindsey  
Sandy Martin, II; Janice M-Tate (Sister), given by Sanford Martin  
Vilma Koster and Arthur Koster, given by Sheila Beard  
Arvid Danielsen, given by Shirley Fox  
C.L. "Boots" Ritchie; Jeffery Ritchie; and Glenn Ritchie, given by Gail Ritchie  
Nina Hansen Kirk, given by Annemarie Paine  
Rodney Via, given by Nadine Via  
Dennis C. Shaw; Cheryl Caracciolo; and Kathy Joerger, given by Elizabeth Shaw  
Russell Burnie Jones, given by Gregory Jones  
Carol Dubinsky and Ronald Dubinsky, given by John and Nancy Allen  
Ida and Bill Layton, given by Loretta Green  
Joe Holland, given by Heidi Holland  
Arvid Danielsen, given by Tony Rigano  
Vernon W. Brugger, Jr., given by Frieda Brugger  
Norma and Martha Koller; Walter and Anita Nigreville, our parents; Wyn Koller and David Nigreville, our brothers, given by Marianne and Doug Nigreville  
Parents, sisters, The Loves, Jenkins, and Burger, given by Dick and Carol Jenkins  
Arvid Danielsen, given by Mary Ann and Danny Bowersock  
Darrell W. Nygaard, given by Ann Nygaard  
Lois Marie Smith, given by Bobby Smith  
Berni Novak, given by Nina Abrams  
Frank May, given by Patrick and Carolyn Doran  
Sheila Bell-Clifford, given by Ursula Garcia-Mayes  
Jean W. Drennan, given by Arthur Drennan

**"Your kingdom is an everlasting kingdom, and Your dominion endures throughout all generations."**  
**Psalm 145:13**

Mr. Arvid Danielsen, given by Dominic Rigano  
Marcus D. Fields, Sr., given by Robin Fields  
Arvid Danielsen, given by Robert and Lorraine Tamera  
Arvid Danielsen, given by Sophia and Mariah Tamera  
Arvid Danielsen, given by Jim and Marie Reinertsen  
Carter, given by Bill and Carol Ann Cole  
Arvid Danielsen, given by Peter and Ingrid Johnson  
Rev. Tom Pierce, given by Karen Pierce  
Arvid Danielsen, given by Ronald Reinertsen  
Carolyn Toth and Arvid Danielsen, given by Pam Proctor  
Kryne Prol, given by Audrey Prol



## **IN MEMORY OF CHILDREN:**

### ***(Green Lights)***

Son, Donald Ryan Hodges; and Granddaughter, Peyton Joy Hodges, given by Donald and Brenda Hodges  
Ladd Campbell, given by Melanie Ebert  
My granddaughter, Kinsey Morgan, given by Vickie Richey  
Jennifer Nicole Shaffer, given by Roger & Gwen Shaffer  
Our loving son, Bobby Goff, given by Lora & Jay Goff  
Glenn Grossarth, given by Hillie Grossarth  
Orion Bickings, given by Karen Duby  
Ryan David Green, given by Loretta Green  
Sadie Prol, given by Audrey Prol

## **IN HONOR OF:**

### ***(Red Lights):***

Stanley, Sue and Linda Heflin; Dolores Goff; Everly Hall; and Madoline Jaskiewicz, given by Janice Heater  
Julia Hernandez; Lucy Hernandez; Pedro Hernandez; Sylvia Leggett; and Liz (Mom) Danielsen, given by Rose Hernandez  
The "WE TEAM" Dan Reckley and Jim Presley, from the SCSM Family  
Helen Danielsen; Alice and Eddy Abrahamsen; Soul Purpose Class; Robert and Lorraine Tamera; and Sylvia Leggett, given by Chaplain Liz Danielsen  
Dr. Debra (Fillman) Coyner and Naomi Fillman (Mom), given by Gerald and Rita (Fillman) Wagner

## **IN MEMORY OF MILITARY SERVICE:**

### ***(Blue Lights)***

Robert L. Taylor, III, given by Barbara Taylor  
James B. Reynolds, Sr, given by Rev. Robert Reynolds and Pamela Reynolds  
Jesus M. Hernandez, given by Rose Hernandez  
Ryan Fayas and Justin Fayas, given by Carol and Dennis Acotto  
Sgt. Jason A. Shaffer, given by Roger & Gwen Shaffer  
Gilbert B. Crowder, given by Dottie Crowder  
Capt. Kenneth Lee Dean, Jr., given by Sheila Beard

## **IN MEMORY OF PETS:**

### ***(Red Lights)***

Josie and Henry, given by Carol and Dennis Acotto  
Sheeba and Sabastian, given by Roger and Gwen Shaffer



**Please contact us if any names were omitted or misspelled.**

## YOUR DONATION MAKES A DIFFERENCE

BY CHAPLAIN LIZ DANIELSEN

The year 2020 was difficult for children, teens, and adults all over the country and the world. The COVID-19 pandemic caused us to socially distance, wear masks, feel depressed, feel anger, and wonder why God would allow this to happen. People felt weak in their faith, and some wanted to abandon their trust in God that they had for so many years. There were others that came to us that wanted to know more about God and found healing for themselves and their marriages or other relationships. Some needed resources and other people wanted Bibles that they did not have, and we were able to give them what they needed. The pandemic made some people interested in going deeper in the understanding of who God is and will be for them.



### Because of your donation, we can do this.

The losses were numerous, and God knew that many years ago when God gave me the vision of SCSM in a dream. That is when Spiritual Care Support Ministry counselors stepped in during the year reassuring children, teens, and adults that God does understand their pain. We were able to give them the support that they requested. Being

available to them and hearing their stories, and in doing so they found healing and purpose, and fear did not have a stronghold on them anymore.

### Because of your generosity, we can do this.

God is good, but that does not mean that everything we go through is good. Spiritual, physical, emotional, mental, relational, and financial suffering does not feel good. It is real and it hurts, but as we bear each other's burdens and share our stories in a healthy way, our hope can be restored.

### Because you sacrificially give, we can minister to the suffering.

# Thank you

Thank you from all the children, teens, and adults that are finding healing because of you!



*Please know that you are always welcomed to come visit us at our new Center. We would love to give you a tour of our new building. If you are personally in need of a fresh perspective from the Lord, we are here for you as well.*

## TEENS AND GRIEF

BY GINA PETRO

On September 6, 2005, my sons, John and James, lost their dad. He died suddenly of a heart attack at 42 years old. John had been living with his dad before he died while James lived with my husband, his step-brothers, and me. After his father's death, John had to transfer to a new school, make new friends, and readjust to a large family life full-time. At his dad's home, he was the only child. John was overwhelmed with grief and frequently told me how much he hated me. He couldn't yet see that his being home with us was just where he needed to be.



**"I realized that I had to grieve for my ex-husband, forgive him, and let go of all the bitterness.**

**Otherwise, I would not be able to help my sons grieve."**

James did not have the bond that John did with their father. He always felt closer to his stepfather. He felt anger for "missing out" on time with his dad and struggled to grasp onto memories of him. John's grieving was more outward and James' was more inward with occasional bursts of crying and questions.

Our pastor suggested grief counseling at Spiritual Care Support Ministries. I set up an appointment to meet Chaplain Liz who we called Ms. Liz. She spoke with the boys and me about the things we were feeling. She reassured us this was normal. Then at the end of the session she prayed with us. We began seeing Ms. Liz weekly, and we all looked forward to seeing her. The boys would always share what was on their hearts with her, and they began to learn to grieve and grow.

Ms. Liz would generously offer me reading material. *How to Help Your Teenager Grieve, How to Help Your Young Child Cope with*

## RESOURCE CORNER

### BOOKLETS AVAILABLE ON OUR WEBSITE [WWW.SCSM.TV/RESOURCES](http://WWW.SCSM.TV/RESOURCES)

- UNRESOLVED ISSUES
- WHAT IS LOVE?
- PREPARING YOUR CHILD FOR SURGERY

### AVAILABLE FOR PURCHASE

#### JOURNEY FROM HEARTACHE TO HOPE

\$12

Filled with true stories of God's miraculous healing power told by SCSM clients and volunteers. Your spirit will be renewed by the the faith of people in devastating situations that should have robbed them of happiness and comfort, but instead brought strength and courage to their lives.



NEW

### AUDIBLE ARTICLE READINGS

SCSM now has audio available of the articles you are reading in this current newsletter! If you know of someone who has poor eyesight or would enjoy listening to words of hope and encouragement, we now have the tools to assist you.



**Go to [www.scsm.tv/audio-inspiration](http://www.scsm.tv/audio-inspiration) to check it out!**

### Spiritual Care Support Ministries Hours:

Monday - Friday

9 am - 2:30 pm

Tuesdays & Thursdays

2:30 - 5 pm (by appt. only)



*Death*, etc. It was through reading one of these booklets that I learned about a beautiful word: EMPATHY. I realized that I had to grieve for my ex-husband (something I was resisting), forgive him, and let go of all the bitterness. Otherwise, I would not be able to help my sons grieve. In doing so, I could be there for them, listen when they wanted to talk, help them remember memories and things about their dad, focus on good things about him, and plan a road trip to put flowers on his grave. We even honored their dad that December with three lights on the SCSM Christmas tree. It was a great time to reflect on how far we had come, how much SCSM and Ms. Liz had helped us, and how good God is.



**Teens Sharing & Healing Together**  
Online

Facilitated by  
Chaplain Liz Daniels

This support group will give teens the opportunity to share their stories of loss, be given guidance on their path to healing, and meet new friends along the way.

\*Upon RSVP, you will receive ZOOM instructions, a code, and a password from the facilitator.

We have many new and different types of classes (in-person and online) that we will be offering in the next few months that will help people to find healing.

Visit [www.scsm.tv/calendar](http://www.scsm.tv/calendar) or call 540-349-5814 for more info.



**People need to hear your story!**

Please let us know how SCSM has impacted your life.

How have you been encouraged?  
How has SCSM helped you put your trust and faith in God during hard times?

Send in your stories or short testimonies to:  
**Anna Hansen**  
[marketing@scsm.tv](mailto:marketing@scsm.tv)

## 2020 CHRISTMAS OFFERINGS

Hurley Shortt  
Richard White  
Ruth Pavlik  
Sharon Rizzo  
Joan Andes  
Debra Jean Norris  
Francis Frary  
Richard & Carol Geer  
Garry Duvall  
Robert & Barbara Taylor  
Rev. Bob & Marsha Grant  
Evelyn Shepard  
Bonnie Knauf  
Terry Brosius  
Joseph Dahle

Margie Merced  
Cindy Pletez  
William Bethea  
Doris Fletcher  
Helen Maloney  
Sandy Matthews  
Ruth Dominguez  
Mary Hilleary  
Rachelle Byars-Sargent  
Linda Mansfield  
Novum Baptist  
Florence & Ed Ramey  
Eleanor Callahan  
Beverly Cropp  
Mary Ann & Danny Jenkins

Henry Essian  
Jane Calvert  
Georgia Lanham  
Sandy Matthews  
Suzanne Wanzer  
Victoria Cordova  
Levi Atkins  
Carol Brinegar  
George and Angela Hull  
Virginia Peltzer  
Martha Ronayne  
Chapel Springs A/G  
Calvary A/G

## MEMORIALS, HONORARIUMS, AND THANK YOU'S

### IN MEMORY OF

James Bassett, given by Linda Bassett  
Scott Neth, given by Jack and Joyce Neth

### IN HONOR OF

Liz's Birthday, given by Berni Olsen

### THANK YOU

Pamela Miel for donating water, cups, etc.; Karen Duby & Pam Dudley for donating cards; Nilsa Martins for the special artwork; Debra Jean for the Bible study materials; ARServices, Ltd for donating water and pens; and George Ashley for being Santa for Coffee & Conversation.

Also, thank you to the following people who helped with the Christmas program: Joseph Kotex (Santa), Bobby Reynolds (music), Jim Ammons (videographer), Pastor Jeff Light (MC), and all our SMSC staff and volunteers who made the event a success.

### Newsletter Editor

Anna Hansen

### Associate

Cheryl Reynolds

## PRAYER & PRAISE

### WE PRAY...

- For our caregivers and their loved ones.
- For the chronically ill to see that they are valued by God and others.
- For those who are experiencing loss and the pain of separation.
- For our pastors and ministry leaders.
- For our leaders who govern our country, that they will pray and seek God for all the decisions that have to be made.

### WE PRAISE THE LORD...

- For our new receptionist.
- For our new Center and all the extra space we have now.
- For the many financial donations that allowed us to end the year in the black.
- For keeping us all healthy at the Center as we follow the CDC guidelines.
- For allowing us the privilege of ministering to those that are in need.
- For all the creative ideas we are getting as we wait on God.



**Spiritual Care Support Ministries, Inc.**  
*Reaching for a Hand, and Touching a Heart*  
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PERMIT NO. 00096

RETURN SERVICE REQUESTED

FOR LO, THE WINTER IS PAST;  
THE RAIN IS OVER AND GONE.  
THE FLOWERS APPEAR ON THE EARTH;  
THE TIME OF SINGING  
HAS COME,  
AND THE VOICE OF THE TURTLEDOVE  
IS HEARD IN OUR LAND.  
SONG OF SOLOMON 2:11-12