

HEART & HAND

Reaching for a hand, and touching a heart



THE FULFILLMENT OF A PROMISE

Long ago, after many hours as a Healthcare Chaplain and doing ministry listening to the voices of those suffering physically, emotionally, relationally and spiritually, I went home. My heart ached for those suffering who seemed to have lost hope and meaning in their lives because of the challenges of loss that they faced. No one felt that anyone was really listening to them.

After speaking to God through prayer just before bed, I finally fell asleep. Throughout scripture, dreams and visions are mentioned, but I never imagined that I would be given a vision in my dream. This vision would show me how to give support to those who are ill, dying, grieving and experiencing personal losses, and to those who journey with them.

The journey that next day for me began



out of obedience to God who I knew would be faithful to fulfill His promise. God would take care of whatever I lacked. He has guided me step-by-step. Others have joined me on the journey at 76 West Shirley Avenue, and we have seen lives transformed and people find peace, hope, and purpose.

Now, we look forward to what God is going to do at our new Center located at 7179 New Hope Lane. We feel God's peace there as the birds sing, and the wild turkeys and the deer roam. Soon the flowers will bloom and the Center will be filled with people who will be listening to hear God's voice as they work through their challenges. We have a lot more space which allows us to minister to even more people in our community. God values every individual and cares about their needs, and so do we.

This special edition is filled with pictures of our new Center and stories of changed lives. We hope you enjoy reading them and can see how your prayers, volunteer hours, and financial donations continue to help make this vision a reality.

From a thankful heart,
Chaplain Liz

Finding Encouragement in the Midst of Spouse Loss and a Cancer Diagnosis

I became a changed person because of your ministry. I lost my spouse, and then I was diagnosed with stage one breast cancer shortly after I had started to attend Spouse Loss. At first, I was afraid to say anything to anyone, but one night I just opened up and told my new friends at Spouse Loss. Then, after a few days had passed, I received a card of encouragement from Chaplain Liz. I want you to know that I carried that card with me every day for 5 years, the total time of my treatment for the cancer. Thank you so much for the card and the encouragement you offered me. It made all the difference in the world to me. After a while, I wasn't scared anymore. I was able to face each day more positively. Yes, God has a plan for each of us. We just have to take a deep breath and take Jesus' hand, and everything will be ok.

LIZ SHAW

7179 New Hope Lane
Warrenton, VA 20187
540-349-5814

STORIES OF CHANGED LIVES

SCSM is a supportive ministry that allows people from any part of the community to come together to share their fears and concerns as they move through grief, chronic illness, or life's struggles. As a non-profit, the volunteers seek to be the working hands and feet of Jesus. These volunteers are generally those who previously faced grief and the challenges of life, and are now willing to share their time and support to offer hope to others. SCSM is a true example of how Christ expects us to live. I cherish the sense of hope this Center has given to me to help me overcome the challenges I faced as a widow left with five children to raise. I am forever grateful.

KAREN



SCSM provides assistance to the community and the church using Biblical perspectives on how to move forward in life while going through various forms of loss. Their commitment, knowledge, and dedication speaks volumes. By providing a safe haven, SCSM has shown many how to express their heart, hurts, fears and many tears, and not feel ashamed or embarrassed. As a volunteer and co-facilitator, SCSM has taught me many valuable lessons that I will cherish and share with others that are hurting due to a loss. I appreciate and love all that everyone does very much.

ROSE

The Center means the world to me. I have been helped so much with my ex-husband's death and then my son's death. You have helped me with everyday problems that go along with a second marriage and stepchildren. In doing my job of elder care over the years, I received many suggestions and always lots of prayer and such a wonderful listening ear. It gave me such hope. Now with my husband dealing with cancer and memory loss, the loving and tender care I receive when I walk into the Center is amazing. Walking through this next stage of my life, I am feeling so grateful that Spiritual Care is here for me as I know I will need it.

ANN MARIE

I am thrilled when I tell anyone about SCSM for two reasons. One is that it has meant a lot to me personally. Not only did it offer me a place for fellowship after my wife died, but it was the place where I met my new wife as we both mourned the loss of our longtime loves. The other reason is that SCSM has such a broad range of classes, counseling, and fellowship opportunities for people with all kinds of needs. It is unparalleled by any organization I've ever known, and it ministers to hundreds of people constantly in ways the community's churches can't. It is an oasis in the desert for all of us who know it and gather there.

JOHN



This ministry got me out of the worst depression of my life. I am a teenager who had been through a season of extreme loss and trial. All it took was a willing heart and a listening ear to meet me where I was for immense healing in my heart. Now I have the privilege of walking others through trials from the position of victory and healing.

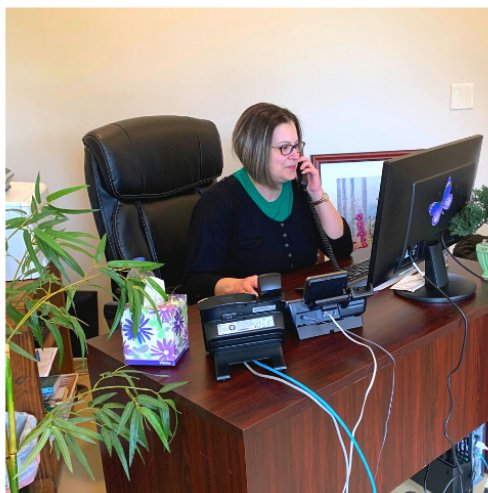
BAILEY

Rough times, hard times, emotional times, and uncertain times. Life is full of the ups and downs of all kinds. There are how-tos, self-helps, books, and seminars galore. SCSM is a beacon of hope during those times. Community, understanding, a shoulder to lean on, prayer, and a biblical perspective as the answer, and prayer. This is an amazing service provided by dedicated people that love people and want to pull back the curtain and let in the Light.

DAWN

When I lost my daughter and husband, hospice told me that I would need some help. I never really grieved the loss of my daughter because my husband was so sick, and then a year later he passed. SCSM helped me understand my emotions, and the classes and support helped me get through the toughest time in my life. SCSM continues to help me with classes like Spouse Loss. I am so grateful for the support and love I have received. I do not believe that I would have gotten through it all without God and SCSM.

DEBBIE



"SCSM has shown me there is a place where you can be safe and comfortable during some of the hardest times in your life."

I first came to SCSM three months after the most painful day of my life, the day my son, Justin, ran ahead to heaven. I had many previous deaths of immediate family members, but the death of my son was the one loss I couldn't face on my own. I knew any help needed to be faith-based. God sent me to SCSM and Chaplain Liz. I have been coming to the ministry first through a year of support and then helping with grief support ever since. Chaplain Liz and everyone at the ministry have made me a part of the family. I am thankful for and blessed by the Center where the love of Christ surrounds all who enter.

KATHY



SCSM serves the community with much needed services that are at no cost to their clients because of generous and consistent monetary gifts from donors. They put their whole heart into everything they do. Their values and commitment are hard to come by at that cost. SCSM has shown me there is a place where you can be safe and comfortable during some of the hardest times in your life. If only we could repay SCSM in kind. I am a volunteer at SCSM, and I appreciate you more than you will ever know.

JIM

When hope was covered in a haze of pain and I could not see it, SCSM helped me slowly walk in the direction I needed to go to find it. At a time when it was so dark, I couldn't look up, they gave me the tools I needed to start the slow climb to the light. They reminded me that God was with me and would help me through every painful moment, even though I could not pray through the intensity of the pain. They taught me how to find peace in the chaos of my mind and heart. I will be forever grateful to God for bringing me to SCSM and for the love and care I found there.

SUSAN

WAYS YOU CAN HELP

1. Pray Regularly

2. Give Monthly

- Rent & Utilities
- Supplies & Training Materials
- Support Groups
- Community Events

3. Make a One-Time Donation

- Desks (\$500/each)
- Chairs for Tables (\$70/each)
- Desk Chairs (\$185/each)
- Bookshelves (\$230/each)
- Conference Table (\$950)
- Blinds (\$50/each)
- Lamps (\$100/each)



ENVELOPE



OVER THE PHONE



ONLINE



IN PERSON

VISIT US:

WWW.SCSM.TV



Find us on
Facebook

[WWW.FACEBOOK.COM/
SPIRITUALCARESUPPORTMINISTRIES](http://WWW.FACEBOOK.COM/SPIRITUALCARESUPPORTMINISTRIES)

SCSM Mission Statement

Providing support, education and a Biblical perspective to those who are ill, dying, grieving and experiencing personal loss, and to those who journey with them.

SCSM Vision

To establish a local, national and international resource center to provide ministry, training and a retreat for those who are ill, dying, experiencing personal loss and to those who journey with them.

SCSM Values

- God's Word
- Prayer
- Value Every Life
- Integrity
- Confidentiality
- Excellence in Everything We Do



Spiritual Care Support Ministries, Inc.
Reaching for a Hand, and Touching a Heart
7179 New Hope Lane | P.O. Box 643
Warrenton, VA 20187 | Warrenton, VA 20188
Tel. 540.349.5814 | www.scsm.tv

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RETURN SERVICE REQUESTED

THE NEW SCSM CENTER IS OPEN FOR MINISTRY!

GRAND OPENING COMING SOON!

Join our Facebook page
and visit our website at
www.scsm.tv
for updates.



**"No eye has seen, no ear has heard, and no mind has
imagined what God has prepared for those who love him."**

1 Corinthians 2:9

2019 CHRISTMAS LIGHTS

Thank you for your generous donation in honor and/or in memory of your loved ones.
Many lives are being changed because of you!



CHRISTMAS TREE SPONSORSHIP

A special gift from Ken and Kathleen Boudwin, Humble, TX

A special gift from Margie Merced, Nokesville, VA

In memory of Bridget McCargo, given by Jerry McCargo, Alexandria, VA

In memory of Presley and Viola Wright, given by Virginia Wright and Chris Rapin, Hume, VA

In loving memory of Bernadette (Berni) Novak and her mother Minnie Pignatelli Novak, given by George and Virginia Novak, Ponte Vedra Beach, FL

In memory of Segundo and Carmen Hernandez; Rafael Hernandez; Carmen Lydia Hernandez; Sylvia E. Melendez; Antonio Melendez; Carmen Elizabeth Garcia; Izabeau "Mou-Mou" Hernandez; Wilfredo Hernandez; Ramon Feliciano; and David Butler; the military service of Jesus M. Hernandez; and in honor of Julia Hernandez, Lucy Hernandez; and Pedro Hernandez, given by Rose Hernandez, Manassas, VA

In memory of George Fayas; Irene E. D. Fayas; Lila DeGroot; Erma Louckes; Jeanette G. (Anderson) Frederickson; Roy Frederickson; Marilyn Faye Fayas; Amelita Drost; Paul Drost; Nathan Calcagni; Florence Liddle; George Miller, Duane G. Favas, given by Carol and Dennis Acotto, Manassas, VA

In memory of John and June Payne, given anonymously

STAR SPONSORSHIP

In memory of Rev. Tom Pierce, given by Karen Pierce, Hudsonville, MI

In memory of Marlene Gardner; Robert Oliver; and Frank Conti, given by Carol and Dennis Acotto, Manassas, VA

In memory of Joy Martz, given by Cindy and Don Martz, Dalmatia, PA

IN MEMORY OF

(White Lights)

Carol Dubinsky and Ron Dubinsky, given by Nancy Allen, Remsen, NY

Rosita Salazar and Thomas Kotek, given by Joseph Kotek and Mary Beverly-Kotek, Broad Run, VA

Dad and Mom, Walter and Margaret Hodges; and Dad, Clem Sharp, given by Donald and Brenda Hodges, Manassas, VA

Tina Sponholtz; Tony and Louise Slaga; Athey and Lucile Trout; Peggy, David, and Brandon Podruchney, given by Tony and Dorothy Slaga, Nokesville, VA

Cynthia Liwen, given by Connie Liwen, Austin, TX

Frank Conti, given by Helen Danielsen, Roseland, NJ

Frank Conti; Joy Martz; Irene Elizabeth Walsh; Tom Walsh; Sandy Lange; Kryne Prol; Bernadette Novak; and Scott King, given by Arvid and Liz Danielsen, Warrenton, VA

Cecil, Mabel and Herbert Crowder; Otis, Elsie, and Louie Smith; Jean, Debbie, and Ivan Craig; and Gilbert Crowder, given by Dorothy Crowder, Woodbridge, VA

Walter and Anita Nigreville; Martha and Norman Koller, our parents; David Nigreville and "Wyn" Koller, our brothers, given by Marianne and Doug Nigreville, Manassas, VA

Judd Weakley and Roy Weakley, given by Frances Payne, Culpeper, VA

Vilma Koster and Arthur Koster, given by Sheila Beard, Amissville, VA

Glenn Grossarth; Peter Grossarth; Jenny and Ray Reinertsen, given by Hildur Grossarth, Staten Island, NY

Rob Christiansen, given by Ann Marie McCarty, Catlett, VA

Lisa Byler and Sue Nell, given by Leslie Byler, Broad Run, VA

Jeff Ritchie, C.L. "Boots" Ritchie, and Glenn Ritchie, given by Gail Ritchie, Bealeton, VA

Dennis C. Shaw; Cheryl Caracciolo; and Kathy Joerger, given by Elizabeth Shaw, Vestal, NY

Karen Gardner, given by Dorothy Vasi, Hopatcong, NJ

My brother and sister-in-law, Les and Kim Cunningham, given by Louise Cullers, Manassas, VA

Pam Gay; Patrick Gay; Pam and Patrick Gay, given by Chris Gay, Warrenton, VA

Pamela Jane Kettis Gay and Patrick Ryan Gay, given by Tom Gay, Warrenton, VA

Our ya-ya Pam Gay, given by Parker, Wylie and Isabella Ryan David Green, our grandson; and Ida B. and William H.

Layton, given by Loretta and Fred Green, Warrenton, VA

Charlotte C. Reynolds; James B. Reynolds, Sr.; and James (Jimmy) B. Reynolds, Jr., given by Robert and Pamela Reynolds, Front Royal, VA

Delia Perry and Lorena Felzien, given by Joan and Joe Perry, Fairfax, VA

Angaleene Lee, given by Chess and Janice Heater, Warrenton, VA

Cliff Grimsley, given by Margaret Grimsley, Marshall, VA

Sandy Martin and Janice Martin Tate, given by Rev. Sandy Martin, Culpeper, VA

Patrick McAllister; Sandy Schaidt; and Eliza Robinson, given by Diane Robbins, Shauna, and Michael, Remington, VA

My darling, Gary; my granddaughter, Kinsey Morgan; my brother-in-law, James Bassett; my brother, Lynn Bast; my sister, Cathy Kiser; my mother, Vera Bast, given by Vickie Richey, Rock Hill, SC

Richard Illingworth and Anee Lundgren, given by Janice Illingworth, Flanders, NJ

Darrell Nygaard, given by Ed and Lisa Lyons, Madison, VA

John Myhre, given by Lora and Jay Goff, Amissville, VA



CHRISTMAS LIGHTS FOR 2019 (CONTINUED)

Juanita Steele; Genevieve Steele; and Teresa Ronayne, given by Marty Ronayne, Marshall, VA

Frank Conti; Ethel Solecki; Emil Solecki; Judith Kroboth; and Carole Payne, given by Lea Solecki, Sparta, NJ

Kevin Geer; Pat Strassner; and Charles Strassner, given by Richard and Carol Geer, Spencerport, NY

Mr. Delma Coates; Mrs. Patricia Baker Deane; Mr. Cecil Hicks; Mr. Van Lagos; Mr. Paul Lenchuk; Mr. Dannie Plotkin; and Mr. Bob VanLaningham, given by Jerri Shoenfeld, Warrenton, VA

Jimmy Weimer, husband; Allison Weimer, granddaughter; Doris and Tommy Sanders and their son, Paul Sanders; Louise Posey, mom; Walter and Kouise Weimer, father and mother-in-law, given by Joan Weimer, Ruckersville, VA

Thomas Fitzgerald, given by Jane Fitzgerald, Alexandria, VA

Jeff Embrey and Billy Settle, given by Hazel Settle, Warrenton, VA

Michael Ark Angell; Donald Rodis, Sr.; Mary Lou Rodis; and Don Rodis, Jr., given by Karen Duby, Sumerduck, VA

Rebecca Burns, given by Virginia Wright and Chris Rapin, Hume, VA

Edward West, given by Susan Payne, Hume, VA

Irene E. Walsh; Thomas Walsh; Jack Farley; and Frank Conti, given by Dale Walsh, Sparta, NJ

Lenna Lang; Jean Rock; Peggy Kilgo; Johnny Halsey; Matthew Thompson; John Schubert; and Bill and Pauline Halsey, given by Carol Brinegar, Manassas, VA
Husband, Vernon W. Brugger, Jr.; father, Otha Smith; mother, Ruth K. Smith; great nephew, Chase Aliano; and great niece, Kayzee Danille Gilstrap, given by Frieda Brugger, Manassas, VA

Pastor Mark R. Smith, given by Robin Smith, Warrenton, VA

Son, Austin Posey, given by Jan Posey, Midland, VA

Ben Long, given by Ed and Gloria Long, Rapidan, VA

Sadie Anne Clark and William Clark, Jr., given by Joyce Mallon, Manassas, VA

Frank Conti, given by Robert and Lorraine Tammera, Warrenton, VA

**"For You are great, and do wondrous things; You alone are God."
Psalm 86:10**

IN MEMORY OF CHILDREN:

(Green Lights)

Donald Ryan Hodges and Peyton Joy Hodges, given by Donald and Brenda Hodges, Manassas, VA

Jennifer Nicole Shaffer, given by Gwen and Roger Shaffer, Huntly, VA

Russell B. Jones, given by Judy and Greg Jones, The Plains, VA

Justin Lee Quoyeser, given by Kathy Quoyeser, Warrenton, VA

Jonathan Lyall, given by Linda Grove, Sumerduck, VA

Our loving son, Bobby Goff, given by Lora and Jay Goff, Amissville, VA

Orion Bickings, given by Karen Duby, Sumerduck, VA

Daniel Coppersmith, given by Anee Coppersmith, Woodbridge, VA

Our beloved son Daniel Jacob Maher, given by Carol and Thomas Rose, Marshall, VA

Justin Clark Mallon, given by Joyce Mallon, Manassas, VA

IN HONOR OF CHILDREN:

(Green Lights)

Everly Hall, given by Chess and Janice Heater, Warrenton, VA

IN MEMORY OF MILITARY SERVICE:

(Blue Lights)

Dr. Tom Witty and Vito "Monte" Moteleone, given by Joseph Kotek and Mary Beverly-Kotek, Broad Run, VA

Sgt. Jason A. Shaffer, given by Gwen and Roger Shaffer, Huntly, VA

Ryan Fayas and Justin Fayas, given by Carol and Dennis Acotto, Manassas, VA

Capt. Kenneth L. Dean, Jr., given by Sheila Beard, Amissville, VA

Robert L. Taylor III, given by Barbara Taylor, Warrenton, VA

Fitzhugh Lee, given by Chess and Janice Heater, Warrenton, VA

Arthur L. Walsh; Donald Holzhauser; and James Graham, given by Dale Walsh, Sparta, NJ

Terry Halsey, given by Carol Brinegar, Manassas, VA

IN MEMORY OF PETS:

(Red Lights)

Josie and Henry, given by Carol and Dennis Acotto, Manassas, VA

IN HONOR OF:

(Red Lights):

Sylvia Leggett, our cake baker; Dorothy Slaga; and Helen Danielsen, given by Arvid and Liz Danielsen, Warrenton, VA

Arvid Danielsen, given by Liz Danielsen, Warrenton, VA

William L. Grove, Jr., given by Linda Grove, Sumerduck, VA

Arvid and Liz Danielsen, given by Lea Solecki, Sparta, NJ

Howard Brinegar; John and Lelia McKee; Colin and Amy Scherer; Carleigh and Abel Scherer; Joane Toler; Dennis Halsey; Helen Glessner; Anne Key; Cherlynn Johns, given by Carol Brinegar, Manassas, VA

Arvid and Liz Danielsen, and the Tammera family, given by Robert and Lorraine Tammera, Warrenton, VA

IN HONOR OF MILITARY:

(Blue Lights)

James Vaness, given by Linda Grove, Sumerduck, VA

EJ Andino, given by Hazel Settle, Warrenton, VA



We look forward to celebrating with you again this coming December at the new Center.